

Letter to the Editor

Postscript: An ODE to NVG

She was a girl just turned twenty-one;
 A future nurse, when her course was done.
 Her father has a history of DM;
 But it does not cause him any problem.
 The killer genes have hit her hard;
 Attacking her eyes, which have no guard.
 New vessels growing all over the disk;
 There is also NVE, to increase the risk.
 Blood vessels cover the surface of iris;
 The IOP high from extensive rubeosis.
 I wonder how soon she will be NPL;
 Will there be TRD? A need for scleral buckle?
 The retina will fight hard and bleed;
 Vessels rising to the VEGF's heed.
 Macular edema is already threatening;
 The posterior pole has some swelling.
 The chirpy young lass does not know;
 She is not prepared for the blow.
 My heart goes out as I see her;
 She is serene, without fear.
 I reveal the fundus pictures to the family;
 Shattering their cozy world completely.
 'The laser sessions will now start';
 I console her broken heart.
 'May be something will come good;
 I would do, whatever I could'.
 PRP shots explode on her retina;
 Like bullets thundering into sandy vista.
 Argon makes her cry in pain;
 I need to give subtenon lignocaine.
 Tears streak down her sallow cheeks;
 On she comes, week after weeks.
 Years pass away in a flutter;
 The eyes are stable; the retinas better.
 But everytime I see her in my chamber;
 The questions on her lips: 'Do I need laser?'.
 Humbly, I pray to THE ONE ATOP the ladder;
 'Please make her feel and see better and better'.

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